

Hiland School Milk Activity Sheet Instructions

For Food Service Directors – June 2026 - July 2026

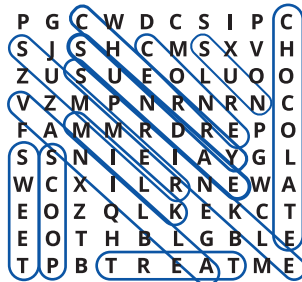
Thank you for helping bring dairy nutrition to life in your school!

What's Included in the Activity Sheets

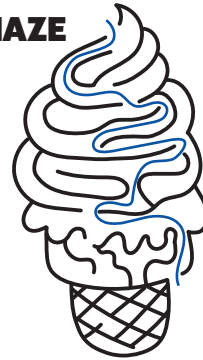
<u>Grade Level</u>	<u>Activity Highlights</u>
K-5	Coloring, word search, and maze
6-8	Myth or fact, design a flavor, would you rather, and swirl maze
9-12	Summer fit check, milk quiz, and would you rather

K-5 Answer Key

CONE
SCOOP
MILK
SUN
TREAT
SWEET
VANILLA
CHOCOLATE
SPRINKLE
SUNDAE
SUMMER
CHERRY



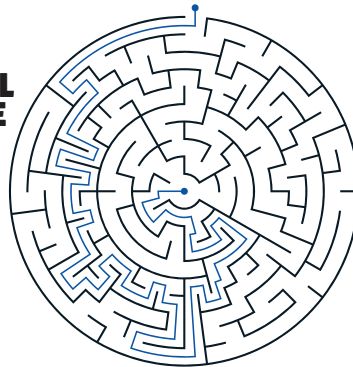
MAZE



6-8 Answer Key

1. Myth 2. Fact 3. Fact 4. Fact

SPIRAL MAZE



9-12 Answer Key

1. 80%+ 2. All of the above 3. True 4. Protein and calcium

Thank you for helping us celebrate school milk in a creative, engaging way!
For questions, contact your Hiland representative or email info@hilanddairy.com.



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HILAND SCHOOL MILK**

HilandDairy.com/SchoolMilk

